

Program Requirements:

Proposed HBS major		Proposed HBS concentration in Health and Disability	
DEGREE: BACHELOR OF SCIENCE		DEGREE: BACHELOR OF SCIENCE	
MAJOR: HEALTH BEHAVIOR SCIENCE		MAJOR: HEALTH BEHAVIOR SCIENCE, CONCENTRATION IN HEALTH AND DISABILITY	
CURRICULUM	CREDITS	CURRICULUM	CREDITS
UNIVERSITY REQUIREMENTS		UNIVERSITY REQUIREMENTS	
ENGL 110 Critical Reading and Writing (minimum grade C-)	3	ENGL 110 Critical Reading and Writing (minimum grade C-)	3
First Year Experience (FYE)	0-4	First Year Experience (FYE)	0-4
University Breadth Requirements (minimum grade of C- required in all courses)	12	University Breadth Requirements (minimum grade of C- required in all courses)	12
Students must complete 12 credits of coursework from the following four areas (minimum of C- required in all courses).		Students must complete 12 credits of coursework from the following four areas (minimum of C- required in all courses).	
Creative Arts and Humanities	3	Creative Arts and Humanities	3
History and Cultural Change	3	History and Cultural Change	3
Social and Behavioral Sciences	3	Social and Behavioral Sciences	3
Mathematics, Natural Sciences, Technology	3	Mathematics, Natural Sciences, Technology	3
Discovery Learning Experience (DLE)	3	Discovery Learning Experience (DLE)	3
Multicultural Course	3	Multicultural Course	3
MAJOR REQUIREMENTS (minimum grade C- in each)		MAJOR REQUIREMENTS (minimum grade C- in each)	
BISXXXX BISC Elective	3	BISXXXX BISC Elective	3
MATH114 College Math and Statistics	3	MATH114 College Math and Statistics	3
Math, Natural Science and Technology Elective	3	PSYC100 General Psychology	3
Math, Natural Science and Technology Elective	3	SOCIXXX SOCI Elective	3
PSYC100 General Psychology	3	Social and Behavioral Science Elective	3
SOCIXXX SOCI Elective	3	BHAN 155 Personal Health Management: Approach for a Lifetime	3
Social and Behavioral Science Elective	3	BHAN 160 Health Behavior Science Seminar	1
BHAN 155 Personal Health Management: Approach for a Lifetime	3	KAAP 309 Anatomy and Physiology I	4
BHAN 160 Health Behavior Science Seminar	1	BHAN 263 Leadership Practicum	1
KAAP 220 Anatomy and Physiology	3	BHAN 311 Issues in Health Behavior Science	3
BHAN 263 Leadership Practicum	1	BHAN 326 Research Methods & Statistics for Behavior Science	3
BHAN 311 Issues in Health Behavior Science	3	BHAN 332 Health Behavior Theory and Models	3
BHAN 326 Research Methods & Statistics for Behavior Science	3	BHAN 334 Health Behavior Assessment	3
BHAN 332 Health Behavior Theory and Models	3	BHAN 342 Introduction to Adapted Physical Activity	3
BHAN 334 Health Behavior Assessment	3	BHAN 435 Physical Activity Behavior	3
BHAN 335 Health and Aging	3	BHAN 464 Internship and Practica - Total of 9 credits and	
OR		BHAN 403 credits of BHAN464 and a minimum of 3 credits of BHAN403 Practicum in Adapted Physical Activity	9
BHAN 342 Introduction to Adapted Physical Activity	3	BHAN 490 Development of Health Promotion Programs	3
BHAN 435 Physical Activity Behavior	3	NTDT 200 Nutrition Concepts	3
BHAN 464 Internship	9	NTDT 310 Nutrition and Activity	3
BHAN 490 Development of Health Promotion Programs	3	HLPR 222 Introduction to Epidemiology	3
NTDT 200 Nutrition Concepts	3	HLPR 430 Behavior Change Strategies and Tactics	3
NTDT 310 Nutrition and Activity	3		
HLPR 222 Introduction to Epidemiology	3		
HLPR 430 Behavior Change Strategies and Tactics	3		
Approved Minor (15 credits minimum required)		CONCENTRATION CORE (minimum grade C- in each)	
Suggested Minors:		BHAN 445 Health, Physical Activity and Disability	3
Strength and Conditioning		CHEM 103 General Chemistry	4
Nutrition		CHEM 104 General Chemistry	4
Psychology		KAAP 310 Human Anatomy and Physiology II	4
Business Administration		STAT 200 Basic Statistical Practice	3
Entrepreneurial Studies		OR	
Coaching Science		MATH 201 Introduction to Statistical Methods I	3
Disabilities Studies			
Public Health			
Health, Physical Activity and Disability			
ELECTIVES		CONCENTRATION RESTRICTED ELECTIVES (minimum grade C- in each)	
After required courses are completed, sufficient credits must be taken to meet the minimum credits required for the degree.		Group 1 – Lifespan Development and Psychology (choose a minimum of 6 credits)	
CREDITS TO TOTAL A MINIMUM OF 120		HDFS 201 Life Span Development	3
Highlight specific changes.		KAAP 301 Lifespan Motor Development	4
		KAAP 428 Motor Control & Learning	4
		NTDT 305 Nutrition in the Lifespan	3
		PSYC 325 Child Psychology	3
		PSYC 334 Abnormal Psychology	3
		BHAN 335 Health and Aging	3
		Group 2 – Disability and Ethical Issues (choose a minimum of 3	

credits)		
EDUC230	Introduction to Exceptional Children	3
EDUC414	Teaching Exceptional Adolescent	3
HDFS230	Families and Communities	3
HDFS270	Families and Developmental Disabilities	3
HDFS403	Adult Disability Issues	3
HDFS407	Speech & Language Disorders in Young Children	3
HDFS470	Families and Children at Risk	3
HLTH241	Ethical Aspects of Healthcare	3
NTDT410	Overweight and Obesity Prevention and Management	3

Approved Minor (15 credits minimum required)

Suggested Minors:

[Strength and Conditioning](#)

[Nutrition](#)

[Psychology](#)

[Business Administration](#)

[Entrepreneurial Studies](#)

[Coaching Science](#)

[Disabilities Studies](#) ??? (we can delete it)

[Public Health](#)

ELECTIVES

After required courses are completed, sufficient credits must be taken to meet the minimum credits required for the degree.

CREDITS TO TOTAL A MINIMUM OF 120

Highlight specific changes.